

Disclosure Statement:

- 1) Name of issuer: Coastal Foods, Inc.
- 2) Address: 14212 Interdrive West
Houston, TX 77032
Phone: (281) 987-8985
Email:
Website(s): www.coastalfoodsinc.net

IR Contact William Evans
Address: 30 Caulfield Court
Address: The Woodlands, TX 77382
Phone: (281) 987-8985
Email: bill@coastalfoodsinc.net
Website(s): www.coastalfoodsinc.net

3) Security Information

Trading Symbol: CSFD
Exact title and class of securities outstanding: Common
CUSIP: 190464206
Par or Stated Value: .01/share
Total shares authorized: 20,000,000 as of: September 15, 2013
Total shares outstanding: 9,202,523 as of: September 15, 2013

Additional class of securities (if necessary):
Trading Symbol: N/A
Exact title and class of securities outstanding: N/A
CUSIP: N/A
Par or Stated Value: N/A
Total shares authorized: N/A as of: N/A
Total shares outstanding: N/A as of: N/A

Transfer Agent
Name: Securities Transfer Corporation
Address: 2591 Dallas Parkway
Address: Suite 102
Address: Frisco, TX 75034
Phone: (469) 633-0101
Is the Transfer Agent registered under the Exchange Act?* Yes: No:

List any restrictions on the transfer of security: N/A

Describe any trading suspension orders issued by the SEC in the past 12 months. N/A

List any stock split, stock dividend, recapitalization, merger, acquisition, spin-off, or reorganization either currently anticipated or that occurred within the past 12 months: N/A

4) Issuance History

- A. The nature of each offering (e.g., Securities Act Rule 504, intrastate, etc.); N/A
- B. Any jurisdictions where the offering was registered or qualified; N/A
- C. The number of shares offered; N/A
- D. The number of shares sold; N/A
- E. The price at which the shares were offered, and the amount actually paid to the issuer; N/A
- F. The trading status of the shares; and
- G. Whether the certificates or other documents that evidence the shares contain a legend (1) stating that the shares have not been registered under the Securities Act and (2) setting forth or referring to the restrictions on transferability and sale of the shares under the Securities Act. N/A

5) Financial Statements

The financial reports are published separately, and the financial reports are incorporated by reference only. The documents containing the financial statements are: (A) Balance Sheet, (B) Income Statement, (C) Notes to Financial Statement, and (D) Statement of Cash Flow are for the following periods:

Year Ending December 31, 2013

6) Describe the Issuer's Business, Products and Services

- A. Description of the issuer's business operations; Manufacture of wholesale bakery goods for food service and retail grocery industry
- B. Date and State (or Jurisdiction) of Incorporation: August 30, 1997 Texas
- C. the issuer's primary and secondary SIC Codes; 2053
- D. the issuer's fiscal year end date; December 31
- E. Principal products or services, and their markets: Bakery goods, scones, brownies, pie shells, cupcakes, muffins, pastries, health bars, cookies, frozen cookie and scone dough for customers in U.S. and Mexico.

7) Describe the Issuer's Facilities

Lease properties or facilities.

- 14212 Interdrive West, Houston, TX 77032 – Lease 50,000 sq. foot of production area
- 14212 Interdrive West, Houston, TX 77032 – Lease 2,000 sq. foot of office space
- 14149 Interdrive West, Houston, TX 77032 – Lease 16,800 sq. foot office/warehouse space

8) Officers, Directors, and Control Persons

A. Names of Officers, Directors, and Control Persons (more than 5% owners)

- William Evans, President/CEO (Chairman) (300,000 shares=3.26%)
- Juan Torres, Vice President (100,000 shares=1.09%)
- Linda Sikes, Secretary
- William Cecil Ferguson, 3307 Poplar Run Court, Houston, TX 77059 (603,000+68,184 shares=7.6%)
- Jerry Hawley, 34 Oakland Hills Drive, Chesterfield, MO 63017 (450,000 shares=4.89%)

B. Legal/Disciplinary History. (Last five years, been the subject of):

1. A conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding traffic violations and other minor offenses); NO
2. The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities, or banking activities; NO
3. A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities and Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed, suspended, or vacated; or NO
4. The entry of an order by a self-regulatory organization that permanently or temporarily barred suspended or otherwise limited such person's involvement in any type of business or securities activities. NO

A. Beneficial Shareholders – (owning more than 10% of class equity)

- Joseph Z. Ornales, 713 WSW Loop 323 PMB 204, Tyler, TX 75701 (1,127,016 shares=12.25%)
- W. Michael Robertson, 5120 Woodway, Suite 9029, Houston, TX 77056 (1,525,000 shares=16.57%)

9) Third Party Providers

Legal Counsel

Name: Allan R. Lazor

Firm: Allan R. Lazor, Attorney at Law

Address: 16107 Kensington Drive, Suite 249

Address: Sugar Land, TX 77479

Phone: (713) 589-8747

Email: arlazor@gmail.com

Accountant or Auditor

Name: N/A

Firm: N/A

Address: N/A

Address: N/A

Phone: N/A

Email: N/A

Investor Relations Consultant

Name: N/A

Firm: N/A

Address: N/A

Address: N/A

Phone: N/A

Email: N/A

Other Advisor:

Name: N/A

Firm: N/A

Address: N/A

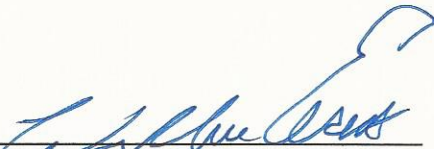
Address: N/A

Phone: N/A

Email: N/A

10) Issuer Certification

1. I have reviewed this disclosure statement of Coastal Foods, Inc.
2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and
3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.



William Evans, President/CEO

2/18/14
Date:



Linda Sikes, CFO

2/18/14
Date